



Foot Massage

30 Min

1400

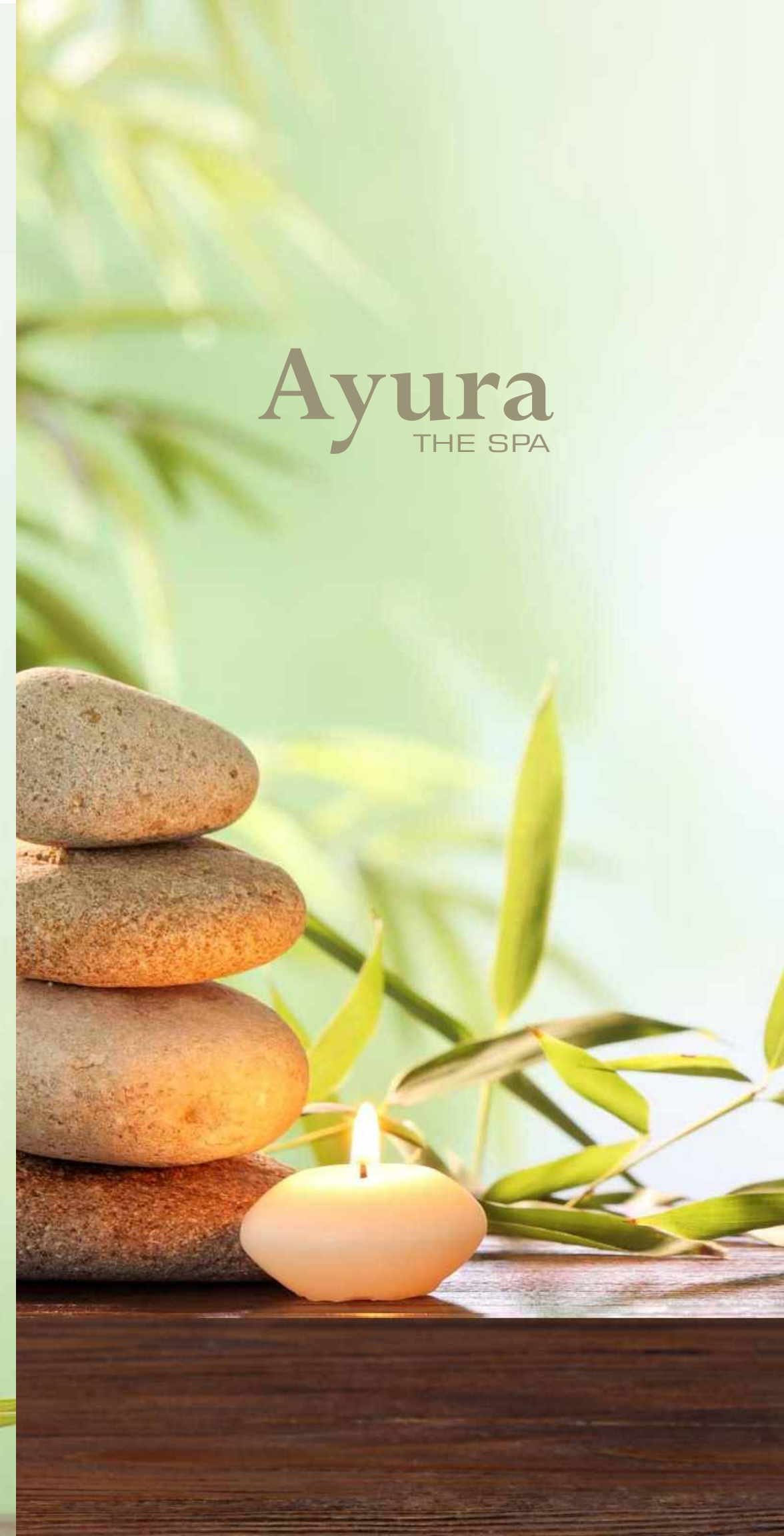
Rates are exclusive of applicable 27.5% government taxes.

MARARI
— sands 
by Tree Leaf



Marari Sands Beach Resort
Pollathai, PO Kalavoor,
North Alapuzha, Kerala - 688 522 India
Reservation: +91 - 78768 06807
Email: getaway@treeleafhospitality.com

Ayura
THE SPA



Abhyangam 60 Min 2400

Herbal oil body massage, helps rejuvenate the body, improves vitality, blood circulation and reduces mental stress

Rejuvenation Massage 60 Min 2600

Traditional Massage, precise and gentle which focuses on body's lymphatic pathways.

Kizhi - leaf bundle massage 60 Min 2600

Herbal Leaf bundle with medicated hot oil applied on whole body, helps in increasing blood circulation and reduce body aches.

Njavarakizhi - rice bundle massage 60 Min 3800

Medicated rice paste bundle cooked in rice, helps rejuvenate the senses, improves blood circulation and relaxes the mind.

Head, face and Shoulder Massage 35 Min 1800



Sirodhara 45 Min 2200

Medicated oil is poured continuously on the forehead of a person lying in supine position, it is very effective in relieving mental stress and getting a good sleep

Pizhichil 90 Min 4400

A mild and coordinated body massage, with constantly flowing warm medicated herbal oil, the massage enhances blood circulation and helps relax muscles and relieve pains.

Ayurvedic Face Pack 35 Min 1600

Herbal face pack, prevents wrinkles and improves the skin tone

Herbal Body Pack 2 Hrs 4600

Comprehensive herbal body package for healthy skin by enhancing complexion and imparting a radiant glow to the skin

Relaxation programme 5600

Relaxation Massage, Head and Face Massage and Shirodhara

Rejuvenation Day plan 5800

Rejuvenation Massage, leaf bundle massage, sirodhara

